

*Sides may change based on freshness and availability

summer lunch menu }

june 2018
july 2018
august 2018

monday	tuesday	wednesday	thursday	friday
				June 1, 2018 Chicken Nuggets <i>Veggie Nuggets</i> Peas Applesauce Whole Grain Bread
June 4, 2018 Deconstructed Burrito Salsa Orange Slices	June 5, 2018 Lemon Chicken <i>Lemon Tofu</i> Broccoli Cantaloupe Brown Rice	June 6, 2018 Ravioli Marinara Broccoli Pear Slices	June 7, 2018 Turkey Sloppy Joes <i>Boca Sloppy Joes</i> Glazed Carrots Honeydew Whole Grain Bun	June 8, 2018 Beef Burgers <i>Veggie Burgers</i> Roasted Potatoes Apple Slices Whole Grain Bun
June 11, 2018 Sweet and Sour Chicken <i>Sweet and Sour Tofu</i> Green Beans Honeydew Brown Rice	June 12, 2018 Pasta w/ Marinara Sauce Broccoli Apple Slices	June 13, 2018 Turkey Meatloaf <i>Veggie Meatloaf</i> Glazed Carrots Fruit Salad Whole Grain Bread	June 14, 2018 Pizza Muffins w/ Marinara Cucumber Slices Orange Slices	June 15, 2018 Chicken Nuggets <i>Veggie Nuggets</i> Cold Peas Applesauce Whole Grain Bread
June 18, 2018 Beef Tacos <i>Boca Tacos</i> Refried Beans Orange Slices Flour Tortilla	June 19, 2018 Creamy Mac n Cheese Broccoli Cantaloupe	June 20, 2018 Vegetarian Chili Cucumber Fruit Salad Corn Bread	June 21, 2018 BBQ Chicken Breast <i>BBQ Tofu Slice</i> Honeydew Roasted Potatoes Whole Grain Roll	June 22, 2018 Toretellini Marinara Green Beans Apple Slices
June 25, 2018 Adobo Chicken <i>Adobo Tofu</i> Glazed Carrots Honeydew Flour Tortilla	June 26, 2018 Turkey Meatball Marinara <i>Veggie Meatball Marinara</i> Cucumber Slices Applesauce	June 27, 2018 Pasta w/ Tomato Cream & Mozzarella Broccoli Fruit Salad	June 28, 2018 Southwest Veggie Burger Roasted Butternut Squash Orange Slices WG Bun	June 29, 2018 Fish Tenders <i>Veggie Nuggets</i> Cold Peas Apple Slices Whole Grain Bread

nut free kitchen!
scratch cooking

